

Post Operative Instructions **For Leep Procedure**

Activity

1. No douching or tampons for 4 weeks
2. Use sanitary napkins to protect your clothing
3. No intercourse for 4 weeks
4. No lifting over 20 pounds for 4 weeks
5. No swimming for 4 weeks after surgery.

Medication

1. Expect cramping for 2-3 days. Take Advil or Nuprin for pain.

Work

You may return to work in 1-3 days after surgery.

Bleeding

1. Expect a small amount of bright red blood occasionally for 2 weeks
2. Expect brownish-black or watery vaginal discharge for 2-3 weeks.
3. Expect heavier menstrual periods for 2-3 cycles.

Follow-Up

1. Make an appointment for a post-operative visit 4-6 weeks after surgery.
2. If you experience problems, including severe abdominal pain, fever, a foul smelling discharge, heavy bleeding saturating 1 maxi pad per hour, or if fever persists above 100.4 for 4 hours or ever after 101.5 call the office at (314)993-6401 or the exchange at (314)388-6140

**** PLEASE BE SURE TO BRING A URINE SAMPLE WITH YOU THE DAY OF YOUR PROCEDURE. THIS IS VERY IMPORTANT! ****