

LAPAROSCOPY/ LASER LAPAROSCOPY/ TUBAL LIGATION

POST OP INSTRUCTIONS

ACTIVITY

1. No important decision making or driving for 24 hours due to the effect of anesthesia.
2. No tampons, douching or intercourse for 1 week.
3. You may take a shower the morning after surgery.

INCISIONS

1. Ice on incisions for 24 hours.
2. You may remove bandages the morning after surgery
3. A small amount of bleeding from the incision is normal

PAIN MEDICATION

1. Prescriptions as prescribed, if given.
2. Tylenol, Aspirin, Motrin, Advil, Nuprin, etc. as needed
3. You may have shoulder pain for 24-48 hours from air irritating the diaphragm.

WORK

You may return to work in 2-7 days.

FOLLOW – UP

Make an appointment for 1-2 weeks after surgery for post op visit
Expect some bleeding for 1-7 days

Call the office at (314)93-6401 or the exchange at (314)388-6140 if you any problems, including severe cramping, pain or a fever of 100.4 that persists for 4 hours or if ever over 101.5.